

## Western & Alternative Medicine

Understanding the history of Healthcare helps us understand that there are \_\_\_\_\_ methods to determine effectiveness of treatments. Thus there are various \_\_\_\_\_ of medicine that are considered useful in different cultures, not just the “\_\_\_\_\_”.

**Health Science:** the field where knowledge is taken from science & other sources and used through \_\_\_\_\_ practice to maintain & improve the health of living beings.

- Can include:
  - \_\_\_\_\_ Medicine
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**Western Medicine:** Based on modern \_\_\_\_\_ science.

- “\_\_\_\_\_ based”
- Treatment often includes medication, \_\_\_\_\_, etc.
- Trials to develop

**Alternative Medicine:** Based on medical practices that are typically \_\_\_\_\_ recognized by the medical community as \_\_\_\_\_ approaches.

- Growing support as a **si**\_\_\_\_\_ **de** treatment
- Can include:

_____ Supplements	Massage Therapy
_____	_____
Herbal Teas	_____ Healing

**Complimentary Medicine:**

- A \_\_\_\_\_ of both Western & Alternative Medicine.
  - Example: taking blood pressure \_\_\_\_\_ while also taking up the practice of meditation or \_\_\_\_\_ to lower stress.

**(Example of Complementary Medicine)  
First Nations Medicine Chest**

- Treaty \_\_\_\_\_ included 3 extra clauses, one was a \_\_\_\_\_ chest be stored at the “Indian Agent`s” house on reserve.
- Full of \_\_\_\_\_ healing methods such as herbs, oils, plants, etc. were also included

**Read Case Study: Calgary mother who relied on herbal medicines facing charges after son, 7, dies of treatable bacterial infection**

Ethics of Alternative Medicine – thoughts and observations

- Should parents be forced to give their children certain treatments?
- Are alternative methods just as good as “Western”?
- People die during “Western” treatments, should we stop trusting those?
- How do we know which medicines and practices to trust?
- Do you think this parent deserves the criminal sentence?
- Any other discussion points to do with this case?